# Cat toys and how to use them



## "Safe" Toys

There are many factors that contribute whether a toy is safe or dangerous: your cat's size, activity level, and personal preference. Also to be considered is the environment in which your cat spends her time. Although we can't guarantee your cat's enthusiasm or her safety with any specific toy, we can offer the following guidelines.

## **Be Cautious**

The things that are usually the most attractive to cats are often the very things that are the most dangerous. Cat-proof your home by checking for string, ribbons, yarns, rubber bands, plastic milk jug rings, paper clips, pins, needles, and anything else that could be ingested. All of these items are dangerous, no matter how cute your cat may look when they play with them.

Soft toys should be machine washable. Check labels for child safety - a stuffed toy that's labeled as appropriate for children less than three years old doesn't contain dangerous fillings. Dangerous fillings include things like nutshells and polystyrene beads. Rigid toys are often not as attractive to cats.

# **Toys We Recommend**

#### Active toys:

- Round plastic shower curtain rings are fun as a single ring to bat around, hide or carry, or when linked together and hung in an enticing spot.
- Plastic rolling balls, with or without bells inside.
- Ping-Pong balls and plastic practice golf balls with holes to help cats carry then. Try putting one in a dry bathtub, as the captive ball is much more fun than one that escapes under the sofa.
- Paper bags with any handles removed are good for pouncing, hiding and interactive play. Do not use plastic bags! Many cats like to chew and ingest the plastic.
- Empty cardboard rolls from toilet paper and paper towels are ideal cat toys, especially if you "unwind" a little cardboard to get them started.

## Catnip:

- Catnip-filled soft toys are fun to kick, carry and rub.
- Plain catnip can be crushed and sprinkled on a scratch-post or on a towel placed on the floor.
- Not all cats are attracted to catnip. Some cats may become over-stimulated to the point of aggressive play and others may be slightly sedated. Kittens under six months old seem to be immune to catnip.
- Catnip is not addictive and is perfectly safe for cats to roll in, rub in or eat.

## **Comfort Toys:**

- Stuffed animal should be small enough to carry. Toys with legs and a tail seem to be even more attractive to cats.
- Cardboard boxes, especially ones that are a tiny bit too small for your cat to really fit into.

## Get The Most Out Of Toys:

- Rotate your cat's toys weekly by making only four or give toys available at a time. Keep a variety of types easily accessible. If your cat has a favorite, like a soft "baby" that she loves to cuddle with, you should probably leave that one out all the time, or risk the wrath of your cat!
- Provide toys that offer a variety of uses –one toy to carry, one to "kill", one to roll and one to "baby".
- "Hide and Seek" is a fun game for cats to play. "Found" toys are often much more attractive than a toy which is blatantly introduced.



Information provided by Dumb Friends League. Copyright 2003 Dumb Friends League. All Rights Reserved. DWNC\_R1103. For more information, contact www.ddfl.org.

> Homeward Pet Adoption Center 501(c)(3) charity and donations are tax-deductible Shelter Tax ID 91-1526803 13132 NE 177<sup>th</sup> PI · Woodinville, WA 98072 (425) 488-4444 · **www.homewardpet.org**