



# Litter Box Problem Prevention

Many cats can be pretty particular about their litter box set-up. By following the suggestions outlined in this handout, you'll be able to start off on the right foot with your new cat.

## Location

Most people are inclined to place the litterbox in an out-of-the-way spot in order to minimize odor and loose particles of cat litter in the house. Often, the litterbox ends up in the basement, sometimes next to an appliance and/or on a cold cement floor. This type of location can be undesirable from your cat's point of view for several reasons:

- If you have a kitten or an older cat, she may not be able to get down a long flight of stairs in time to get to the litterbox.
- Since she is new to the household, she may not remember where the litterbox is if it's located in an area she seldom frequents.
- Your cat may be startled while using the litterbox if a furnace, washer, or dryer suddenly comes on.
- If your cat likes to scratch the surface surrounding her litterbox, she may find a cold cement floor unappealing.

If you place the litterbox in a closet or a bathroom, be sure the door is wedged open from both sides, in order to prevent her from being trapped in or out. Depending on where it's located, you might consider cutting a hole in a closet door and adding a swinging door. If the litterbox sits on a smooth, slick or cold surface, put a small throw rug underneath the litterbox. Ideally, the litter box will be placed in an open area where the cat can keep an eye out in all directions.

## Type of Litter

Research has shown that most cats prefer fine-grained litters, presumably because they have a softer feel. The new clumping litters usually have finer grains than the typical clay litter. However, high-quality, dust free, clay litters are relatively small-grained and may be perfectly acceptable to your cat.

If you suspect your cat has a history of spending time outdoors and is likely to eliminate in your houseplants, you can try mixing some potting soil with your regular litter. Potting soil has a very soft texture, but is not very absorbent, and so not recommended to be used on its own. Pellet-type litters or those made from citrus peels are also not recommended. Once you find a litter your cat likes, don't change types or brands. Buying the least

expensive litter or whatever brand happens to be on sale could result in your cat not using the litterbox.

Many cats are put off by the odor of scented or deodorant litters. For the same reason, it's not a good idea to place a room deodorizer or air freshener near the litterbox. A thin layer of baking soda placed on the bottom of the box will help absorb odors without repelling your cat. Odor shouldn't be a problem if the litterbox is kept clean. If you find the litterbox odor offensive, your cat probably finds it even more offensive and won't want to eliminate there.

### **Number of Litterboxes**

You should have at least as many litterboxes as you have cats. Ideally, you'll even have one extra. That way, none of them will ever be prevented from eliminating in the litterbox because it's already occupied and there will be no competition for space. You'll want to spread the litter boxes around the house rather than placing two or three in the same room. We also recommend that you place at least one litterbox on each level of your house. It's not possible to designate a personal litterbox for each cat in your household, as cats will use any litterbox that's available. Occasionally, a cat may refuse to use the litterbox after another cat has used it. In this case, all of the litterboxes will need to be kept extremely clean and additional boxes may be needed.

### **Cleaning the Box**

To meet the needs of the most discriminating cat, feces should be scooped out of the litterbox daily. How often you change the litter depends on the number of cats you have, the number of litterboxes, and the type of litter you use. Twice a week is a general guideline for clay litter, but depending on the circumstances, you may need to change it every other day or once a week. If you scoop the litter daily, clumping litter can go two to three weeks before the litter needs to be changed. If you notice an odor or if much of the litter is wet or clumped, it's time for a change.

Don't use strong smelling chemicals or cleaning products when washing the litterbox, as it may cause your cat to avoid it. Washing with soap and water should be sufficient.

### **Depth of Litter**

Some people think that the more litter they put in the box, the less often they will have to clean it. This is not true. Most cats won't use litter that's more than about two inches deep. In fact, some long-haired cats, actually prefer less litter and a smooth, slick surface, such as the bottom of the litterbox. The litterbox needs to be cleaned on a regular basis and adding extra litter is not a way around that chore.

## **Covered Litterboxes**

Some people prefer to use a covered litterbox, however, there are some potential problems with using this type of box:

- You may forget to clean the litterbox as frequently as you should because the dirty litter is out of sight.
- A covered litterbox traps odors inside, which may be a deterrent to sensitive cats, so it will need to be cleaned more often than an open one.
- A covered litterbox may not allow a large cat sufficient room to turn around, scratch, dig, or position herself in the way she wants.
- A covered litterbox may also make it easier for another cat to lay in wait and "ambush" the user as she exits the box.
- Most cats prefer to be able to see out in all directions while eliminating.

You may want to experiment by offering both types at first, to discover what your cat prefers. But often, the solution to litterbox issues can be as simple as removing the top from a covered litterbox.

## **Liners**

Some cats don't mind having a liner in the litterbox, while others do. Again, you may want to experiment to see if your cat is bothered by a liner in the box. If you do use a liner, make sure it's anchored in place, so it can't easily catch your cat's claws or be pulled out of place.

## **Litter Training Cats**

There's really no such thing as "litter training" a cat in the same way one would house train a dog. A cat doesn't need to be taught what to do with a litterbox. The only thing you need to do is provide an acceptable, accessible litterbox, using the suggestions above. It's not necessary to take your cat to the litterbox and move her paws back and forth in the litter—in fact, we don't recommend it. This may actually be an unpleasant experience for your cat and is likely to initiate a negative association with the litterbox. The key is to find out what your cat prefers—location, litter, etc.—and stick with it.

## **If Problems Develop**

If your cat begins to eliminate in areas other than the litterbox, your first call should always be to your veterinarian. Many medical conditions can cause a change in a cat's litterbox habits. If your veterinarian determines that your cat is healthy after a thorough exam, the cause may be behavioral. Most litterbox behavior problems can be resolved by using behavior modification techniques. Punishment is not the answer. If you need help, contact Homeward Pet Adoption Center's Animal Behavior Manager or another certified behavior professional for additional assistance.